

# menu

## STARTERS

**Onion Bhajee**  £2.95  
(onions, lentils, herbs deep fried til golden & crispy)

**Meat or Vegetable Samosa**  £2.95  
(crispy pastry, stuffed with minced lamb or veg, lightly spiced)

**Prawn Puri**  £4.50  
(prawns cooked with onions, herbs & spices in a thick spicy sauce, served on a home-made bread)

**Aloo Chat**  £3.25  
(spicy potatoes, lightly hot, cooked with onions, garlic and special chat massala sauce)

**Prawn Cocktail**  £3.50  
(prawns in a seafood sauce, topped with tomatoes and cucumber)

**King Prawn Puri**  £5.95  
(king prawns cooked with onions, herbs and spices in a thick spicy sauce, served on home-made bread)

**Chicken or Lamb Passanda**  £4.50  
(pieces of lamb, cooked in a delicate cream and almond sauce)

**Vegetable Puri**  £3.95  
(Mixed vegetables with onions, herbs and spices in a thick spicy sauce, served on home-made bread)

**Chicken Chat**  £3.95  
(spicy chicken, lightly hot, cooked with onions, garlic and a special chat massala sauce)

**Kebab Puri**  £4.50  
(spicy minced lamb, cooked with onions, herbs and spices in a thick sauce, served on home-made bread)

**Chicken or Lamb Tikka**  £3.75  
(cubes of chicken or lamb tikka, lightly spiced, cooked in a clay oven)

**Tandoori Chicken**  £3.95  
(quarter of chicken on the bone, lightly spiced, cooked in the clay oven)

**Sheek Kebab**  £3.95  
(marinated minced lamb, cooked with herbs and spices in the clay oven)

**Shamme Kebab**  £3.95  
(marinated minced lamb, cooked with herbs and spices, shaped like a burger and deep fried)

**Mixed Kebab**  £5.50  
(sheek kebab, chicken tikka and lamb tikka, lightly spiced)

## PANAMA SPECIALS

**Chicken or Lamb Tikka Bhuna**  £7.50  
(cubes of chicken or lamb, chargrilled, cooked with tomatoes, onions and green peppers in a light spicy sauce)

**Chicken or Lamb Tikka Akbari**  £7.95  
(grilled cubes of chicken or lamb, cooked with aromatic spices, green beans and tomatoes in a thick spicy sauce, topped with an omelette)

**Chicken or Lamb Tikka Roshun**  £7.50  
(grilled cubes of chicken or lamb, in a thick spicy sauce, topped with garlic)

**King Prawn Korahi**  £11.95  
(king prawns cooked with ginger, garlic, sliced onions, tomatoes, peppers, coriander, herbs and spices, in a thick spicy sauce)

**Saag King Prawns**  £11.95  
(king prawns, cooked with spinach, herbs and spices, in a thick spicy sauce)

**Chicken or Lamb Tikka Korahi**  £7.50  
(chicken or lamb, cooked with ginger, garlic, sliced onions, peppers, tomatoes, herbs and spices in a thick spicy sauce)

**Chicken Maari** £7.50  
(spicy breast of chicken, cooked with ground black pepper, herbs and spices)

**Murghi Massala**  £7.95  
(thin filets of chicken, cooked with minced lamb, in a light spicy massala sauce)

## MILD & CREAMY DISHES - Choice of Chicken, Lamb or Prawns

**Makhani**  £7.25  
(cooked with onions and butter ghee in a mild exotic creamy sauce)

**Korma**  £6.95  
(cooked in a sweet, creamy, almond and coconut sauce)

**Passanda**  £7.25  
(cooked in a creamy, almond and coconut sauce, with Kashmiri spices, topped with almond flakes)

**Peshwari**  £7.25  
(thick almond and coconut sauce with fresh cream, Masala sauce, sultanas and Kashmiri spices, topped with almond flakes)

## MEDIUM CURRY DISHES - Choice of Chicken, Lamb or Prawns

**Medium Curry** £6.75  
(cooked with ginger, garlic, coriander and spices)

**Rogan** £6.95  
(cooked in various herbs and spices, with onions, chopped tomatoes and fresh coriander)

**Dopiazza** £6.95  
(cooked with onions, green peppers, tomatoes, garlic, ginger, herbs and spices)

**Bhuna** £6.95  
(cooked with ginger, garlic, tomatoes, onions, herbs and spices in a thick spicy sauce)

**Saag** £7.25  
(cooked with spinach, onions, ginger, garlic, tomatoes, herbs and spices in a thick spicy sauce)

## HOT AND SPICY - Choice of Chicken, Lamb or Prawns

**Madras or Vindaloo** £6.95  
(hot and extra hot curry with ginger, garlic, herbs and spices)

**Dhansak** £6.95  
(sweet, sour and hot lentil sauce, with a twist of lemon)

**Pathia** £6.95  
(sweet, sour, cooked with onions, ginger, herbs and spices, with a twist of lemon)

**Chilli** £6.95  
(spicy, cooked with onions, tomatoes, ginger, garlic and topped with green chillies)

**Jalfrezi** £7.50  
(spicy, cooked with sliced onions, green peppers, tomatoes, ginger and garlic, topped with green chillies)

## FROM THE TANDOOR - All Tandoori dishes are marinated with yoghurt, herbs, spices and Kashmiri Massala. Cooked over a charcoal fire. All the dishes are served with a fresh salad.

**Chicken or Lamb Tikka**  £7.50  
(marinated chicken or lamb cubes, lightly spiced and chargrilled)

**Tandoori Chicken (half)**  £7.95  
(marinated pieces of chicken on the bone, lightly spiced and chargrilled)

**Anarkali Bahar**  £8.95  
(pieces of chicken, garnished with herbs and spices, cooked with onions, peppers, tomatoes and coriander, served with massala sauce)

**Chicken or Lamb Shashlick**  £8.95  
(chicken or lamb marinated with herbs and spices, chargrilled onions, tomatoes and peppers, served with massala sauce)

**Tandoori Mixed Grill**  £10.95  
(combination of a quarter tandoori chicken, lamb tikka, chicken tikka, sheek kebab, served with massala sauce)

**Tandoori King Prawns**  £14.95  
(marinated king prawns, lightly spiced, served with massala sauce)

## MASSALA DISHES

**Chicken or Lamb Tikka Massala**  £7.25  
(cubes of chicken or lamb, chargrilled, cooked in a sweet, tangy flavoured yoghurt and fresh cream sauce, topped with almonds)

**King Prawn Massala**  £11.95  
(king prawns in a sweet, tangy flavoured yoghurt and fresh cream sauce, topped with almonds)

**Vegetable Massala**  £6.25  
(mixed vegetables cooked in a sweet, tangy flavoured yoghurt and fresh cream sauce)

**Chana Massala**  £6.25  
(chick peas cooked in a sweet, tangy flavoured yoghurt and fresh cream sauce)

**Chicken or Lamb Tikka Green Massala**  £7.50  
(grilled pieces of chicken or lamb, cooked with mint, green beans, herbs and spices, in a tangy flavoured yoghurt sauce)

## BALTI DISHES - All Balti dishes are cooked with freshly blended spices, fresh tomatoes, capsicum, coriander and aromatic spices.

**Chicken, Lamb or Prawn Balti** £6.95

**Chicken, Lamb or Prawn Balti with Mushroom** £7.50

**Chicken, Lamb or Prawn Balti with Vegetables** £7.50

**Chicken, Lamb or Prawn Balti with Spinach** £7.50

**King Prawn Balti**  £11.95

**Chicken or Lamb Tikka Balti**  £7.50

**Balti Lahore**  £7.95  
(cooked with chicken, lamb, prawns and spinach)

## BIRYANI DISHES - Served with a vegetable curry sauce.

**Persian Chicken Biryani**  £8.50  
(pieces of chicken, pineapple, sultanas, pilau rice, mixed together and cooked with fried onions, served with a thin omelette on top)

**Moghlai Chicken Biryani**  £8.75  
(pieces of chicken, prawns, pilau rice, mixed together and cooked with fried onions, served with a thin omelette on top)

**Shahi Chicken Biryani**  £8.95  
(pieces of chicken, prawns, mushrooms, pilau rice, mixed together and cooked with fried onions, served with a thin omelette on top)

**King Prawn Biryani**  £11.95  
(king prawns cooked with herbs and spices, mixed together with pilau rice and cooked with fried onions)

**Chicken Tikka Biryani**  £8.50  
(cubes of marinated chicken, cooked with herbs and rich spices, mixed together with pilau rice, cooked with fried onions)

**Chicken, Lamb or Prawn Biryani** £7.95  
(chicken, lamb or prawns in light herbs and spices, mixed together with pilau rice, cooked with fried onions)

**Panama Special Biryani**  £8.95  
(chicken, lamb and prawns in rich herbs and spices, mixed together with pilau rice, cooked with fried onions and served with a thin omelette on top)

**Subzi Biryani**  £7.50  
(mixed vegetables with light herbs and spices, mixed together with pilau rice, cooked with fried onions)

## VEGETARIAN SELECTION

<b>Subzi Balti</b> 	£6.25
<small>(mixed vegetables, cooked in a traditional hot sauce)</small>	
<b>Chana Dhansak</b> 	£6.25
<small>(sweet and sour chick peas and lentils, cooked in a lightly hot sauce)</small>	
<b>Malai Kofta</b>  	£6.25
<small>(vegetable balls, made from fresh vegetables, cooked in a rich creamy sauce)</small>	
<b>Subzi Dhansak</b> 	£6.25
<small>(sweet and sour vegetables and lentils, cooked in a slightly hot sauce)</small>	
<b>Dhingri Massala</b>    	£6.25
<small>(mushrooms cooked in a sweet, tangy yoghurt and fresh cream sauce)</small>	
<b>Balti Bhindi</b> 	£6.25
<small>(delicious okra, cooked with onions, peppers, herbs and spices in a bhuna sauce)</small>	
<b>Subzi Korma</b>    	£6.25
<small>(mixed vegetables, cooked in a mild, exotic creamy sauce)</small>	
<b>Baigan Bhartha</b> 	£6.25
<small>(fresh aubergines, cooked with onions, peppers, herbs and spices in a bhuna sauce)</small>	
<b>Saag Paneer</b>  	£6.95
<small>(cottage cheese and spinach, stir-fried with onions, garlic, herbs and spices)</small>	

## VEGETABLE SIDE DISHES

<b>Aloo Gobi</b> 	£3.95
<small>(potatoes and cauliflower, cooked with onions, garlic, herbs and spices)</small>	
<b>Subzi Bhajee</b> 	£3.95
<small>(mixed vegetables cooked with onions, garlic, ginger, herbs and spices)</small>	
<b>Mushroom Bhajee</b> 	£3.95
<small>(mushrooms, cooked with onions, ginger, garlic, herbs and spices)</small>	
<b>Saag Bhajee</b> 	£3.95
<small>(spinach cooked with onions, garlic, herbs and spices)</small>	
<b>Bhindi Bhajee</b> 	£3.95
<small>(fresh okra, cooked with onions, ginger, garlic, herbs and spices)</small>	
<b>Tarka Dhal</b> 	£3.95
<small>(spicy lentils, cooked with fried garlic)</small>	
<b>Saag Aloo</b> 	£3.95
<small>(spinach and potatoes, cooked with onions, ginger, garlic, herbs and spices)</small>	
<b>Chana Massala Bhajee</b>    	£3.95
<small>(chick peas, cooked with massala sauce, onions, ginger, garlic, herbs and spices)</small>	
<b>Bombay Aloo</b> 	£3.95
<small>(potatoes cooked with onions, peppers, ginger, garlic, herbs and spices)</small>	
<b>Baigan Bhajee</b> 	£3.95
<small>(fresh aubergine, cooked with onions, peppers, ginger, garlic, herbs and spices)</small>	
<b>Saag Paneer</b>  	£4.50
<small>(cottage cheese and spinach, stir-fried with onions, garlic, herbs and spices)</small>	

## SET MEALS

<b>Non Vegetarian</b> - Pappadam & Chutneys; Mixed Kebab Starter; Chicken Balti; Mushroom Bhajee; Pilau Rice and Naan Bread    	£16.95 per person
<b>Vegetarian</b> - Pappadam & Chutneys; Vegetable Samosas; Subzi Balti; Saag Aloo; Pilau rice and Naan Bread    	£13.95 per person

## SUNDRIES

<b>Boiled White Rice</b> (plain basmati rice) 	£2.60
<b>Pilau Rice</b> (basmati rice with an aromatic flavour) 	£2.75
<b>Egg Pilau Rice</b> (basmati rice with egg, lightly spiced)  	£3.25
<b>Mushroom Pilau Rice</b> (basmati rice with mushrooms) 	£3.25
<b>Vegetable Pilau Rice</b> (basmati rice with mixed vegetables) 	£3.25
<b>Peas Pilau Rice</b> (basmati rice with peas, lightly spiced) 	£3.25
<b>Keema Pilau Rice</b> (basmati rice with minced lamb, lightly spiced) 	£3.50
<b>Special Pilau Rice</b> (basmati rice with egg and peas, lightly spiced) 	£3.50
<b>Fried Mushrooms</b> 	£1.75
<b>Half &amp; Half</b> (rice and chips) 	£2.75
<b>Chips</b> 	£1.95
<b>Plain Pappadam</b>	£0.65
<b>Spicy Pappadam</b>	£0.65
<b>Plain Raitha Yoghurt</b> 	£1.25
<b>Mixed Raitha Yoghurt</b> (onions, tomatoes and cucumber) 	£1.75
<b>Chutney Tray</b> 	£1.95
<b>Chutney</b> (each) (mint sauce, mango chutney, onion chutney and Lime Pickle)	£0.65

## HOME-MADE BREAD

<b>Plain Naan</b> (traditional home-made bread, cooked in a clay oven) 	£2.50
<b>Peshwari Naan</b> (traditional bread, filled with almonds, coconut, cream and sultanas) 	£2.60
<b>Keema Naan</b> (traditional bread, filled with spicy minced lamb)	£2.95
<b>Garlic Naan</b> (traditional bread, filled with sliced garlic) 	£2.60
<b>Vegetable Naan</b> (traditional bread, filled with spicy vegetables) 	£2.60
<b>Plain Paratha</b> (home-made bread, cooked with butter ghee) 	£2.60
<b>Aloo Paratha</b> (home-made bread, filled with potatoes and cooked with butter ghee) 	£2.95
<b>Vegetable Paratha</b> (home-made bread, filled with spicy vegetables and cooked with butter ghee) 	£2.95
<b>Tandoori Roti</b> (home-made crispy bread, cooked in a clay oven) 	£2.45
<b>Chapati</b> (home-made bread, thin and soft) 	£1.75

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# PANAMA

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menu

